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UNITED STATES DEPARTMENT OF AGRICULTURE Bureau of Home Economics
Washington, D. C.

Home Economics Bibliography 4

# SELECTED LIST OF GOVERNMENT PUBLICATIONS

ON

FOODS AND NUTRITION

Compiled by Ruth Van Deman Associate Specialist in Home Economics



Over two hundred available government publications touching on various phases of food and nutrition of interest to home economics workers are noted in this list. The greater proportion of these are based on the research of the United States Department of Agriculture, but the work of five other Federal departments - Commerce, Interior, Labor, Treasury, and War - and of the Federal Prade Commission is also represented.

The references are arranged under subject headings and annotated briefly to show their general content.

The following abbreviations have been used:

Agr., agriculture

Ed., board

Bul., bulletin

Bur., bureau

Circ., cîrcular

Com., commerce

Dept., department

Doc., document

Dom., domestic

Econ., economic, economics

Educ., education

Expt., experiment

Exten., extension

Fed., federal

Gen., general

Hyg., hygienic

Illus., illustrated

Int., interior

Lab., laboratory

Misc., miscellaneous

Mo., monthly

No., number

Off., office

Pub., publication

Relat., relations

Rept., report

Repts., reports

Sen., senate

Ser., series

Serv., service

Stas., stations

Statis., statistics

Treas., treasury

U. S., United States

Voc., vocational

Vol., volume

The list is confined to what are considered the most useful available publications of the government on food and nutrition, and further to those that may be bought from the Superintendent of Documents of the Government Printing Office, Washington, D. C. Government bulletins are in many cases sent out free by the department issuing them, but supplies available for distribution in that way change frequently. As long as they remain in print, however, government publications can be bought from the Superintendent of

Documents, and that is oftentimes the quickest and most convenient method of obtaining them. This list is therefore compiled on that basis. Publications now out of print, such as the early reports of nutrition investigations carried on by the Department of Agriculture, are not included, nor are the bulletins dealing specifically with the regulatory work of the department in administering the so-called pure food law because of the frequent necessary changes.

The list therefore makes no pretense of being a complete bibliography of government publications on this subject.

How to order. All the publications listed were available for purchase on December 2, 1927, from the Superintendent of Documents, Government Printing Office, Washington, D. C. In no case does the Department of Agriculture have publications of other branches of the government for distribution. So many series are represented in this list that the greatest care should be taken in ordering. The title of the publication and the information given in the parentheses should be quoted exactly, for example, Corn and Its Uses as Food. (U. S. Dept. Agr., Farmers' Bul. 1256.)

The following instructions for ordering publications are given by the Government Printing Office:

The rules of this office require that remittances must be made in advance of shipment. Make all remittances payable to the Superintendent of Documents, Government Printing Office, Washington, D. C. Remit in currency or by postal money order. Do not send postage stamps, mutilated coin, or foreign money. The prices quoted are for delivery within the United States, which includes Alaska, Guam, Hawaii, Philippine Islands, Porto Rico, Samoa, or to Canada, Cuba, Mexico, and Shanghai. For delivery to all foreign countries add postage amounting to one-third of the total cost. Foreign orders should be accompanied by international money order or New York draft.

#### ALUM

Alum in foods. 1914. 7 p. (U. S. Dept. Agr., Bul. 103.) 5 cents.

Data from experiments on human subjects to determine the influence of aluminum compounds on the nutrition and health of man.

#### APPLES

Farm manufacture of unfermented apple juice. J. S. Caldwell. 1922.
56 p., illus. (U. S. Dept. Agr., Farmers' Bul. 1264.) 5 cents.
A handbook on cider making discussing all practical points from the selection of the fruit to the Federal regulations governing the sale of the product.

See also FRUIT .- PECTIN.

#### ARTICHOKES

The Jerusalem artichoke as a crop plant. D. N. Shoemaker. 1927.

32 p., illus. (U. S. Dept. A.r., Technical Bul. 33.) 5 cents.

Brief discussion of food value and a number of recipes are included.

#### BAKING

Home baking. C. Chatfield. 1925. 16 p. (U. S. Dept. Agr., Fermers' Bul. 1450.) 5 cents.

(Supersedes Fermers' Bul. 1136, Baking in the home.)

Discussion of what makes for high quality in breadstuffs and methods and proportions for making typical yeast breads, quick

breads, cakes, and other baked goods at home.

#### BAMBOO

Bamboos: Their culture and uses in the United States. B. T. Galloway. 1925. 46 p., illus. (U. S. Dept. Agr., Dept. Bul. 1329.) 20 cents.

A brief section on bamboos for edible purposes with a few recipes is included.

# BEEF

Beef on the farm - slaughtering, cutting, curing. W. H. Black and E. W. McComas. 1924. 34 p., illus. (U. S. Dept. Agr., Farmers' Bul. 1415.) 5 cents.

Detailed directions for cutting up carcasses illustrated with chart showing primary cuts in a side of beef and reproductions of principal retail cuts; methods of corning, drying, and smoking beef, pickling tripe, and making hamburger and bologna-style sausage.

Cooking beef according to the cut. L. M. Alexander and F. W. Yeatman. 1927. 4 p., illus. (U. S. Dept. Agr., Leaflet 17.) 5 cents.

General principles of cooking tender and less tender cuts, featuring the use of a meat thermometer in rib roasts.

# BEEF (Continued)

Proximate composition of beef. C. Chatfield. 1926. 19 p., illus. (U. S. Dept. Agr., Dept. Circ. 389.) E cents.

Figures on the proximate composition of untrimmed typical wholesale cuts of four classes of beef, and discussion of the method by which they were obtained from available data.

# See also MEAT.

BEETS. See TURNIPS.

#### BOTHILTSM.

Effect of acidification on toxicity of B. botulinus toxin. J. C. Geiger and W. E. Gouwens. 1923. 6 p. (U. S. Treas. Dept., Public Health Serv., Public Health Repts., Reprint 870.) 5 cents. (Also in U. S. Treas. Dept., Public Health Repts., vol. 38, no. 39, p. 2249-2252.)

Since canned vegetables are often served as salad containing vinegar, experiments were made to determine whether the acid might increase the toxicity.

The epidemiology of botulism. J. C. Geiger, E. C. Dickson, and K. F. Meyer. 1922. 119 p., illus. (U. S. Treas. Dept., Public Health Serv., Public Health Bul. 127.) 15 cents.

Report of investigation of 345 cases of botulinus poisoning in humans, together with descriptions of the food products believed to be carriers.

Intensive localized distribution of the spore of B. botulinus and probable relation of preserved vegetables to type demonstrated.

J. C. Geiger and H. Benson. 1923. 7 p. (U. S. Treas. Dept.,
Public Health Serv., Public Health Repts., Reprint 853.) 5 cents.

(Also in U. S. Treas. Dept., Public Health Repts., vol. 38, no. 29,
p. 1611-1615.)

Results of an investigation following outbreaks of botulism in Yakima Valley, Washington, said to be caused by home-canned string beans and beef.

Outbreaks of botulism at Albany, Oregon, and Sterling, Colorado, February, 1924. F. D. Stricker and J. C. Geiger. 1924. 11 p. (U. S. Treas. Dept., Public Health Serv., Public Health Repts., Reprint 911.) 5 cents. (Also in U. S. Treas. Dept., Public Health Repts., vol. 39, no. 14, p. 655-663.)

Report of investigations following death of 12 persons in Oregon from eating home-canned string beans and of 5 persons in Colorado from home-canned string beans and homemade sausage.

# BOTULISM (Continued)

Studies on organisms concerned as causative factors in botulism.

I. A. Bengtson. 1924. 101 p., illus. (U. S. Treas. Dept., Public Health Serv., Hyg. Lab. Bul. 136.) 15 cents.

Report of investigation to determine certain cultural and immunological characteristics of several strains of organisms concerned in botulism and data on the standardization of botulism antitoxins.

BRAN. Sec WHEAT.

BREAD. See BAKING.

#### BUTTER

Making and storing farm butter for winter use. W. White. 1927. 8 p., illus. (U. S. Dept. Agr., Leaflet 9.) 5 cents.

Information supplementing the general directions for farm butter making given in Farmers' Bulletin 876.

Making butter on the farm. W. White. Revised, 1921. 24 p., illus. (U. S. Dept. Agr., Farmers' Bul. 876, Revised, 1921.) 5 cents. From the preparation of the cream to the printing of the butter the various steps are discussed clearly and concisely. Equipment needed is described briefly.

Marketing butter and cheese by parcel post. L. B. Flohr and R. C. Potts. 1918. 12 p., illus. (U. S. Dept. Agr., Farmers' Bul. 930.) 5 cents.

Suggestions for packing and shipping butter and cheese by parcel post, based on experience.

See also FATS.

#### CANNING

- ... Canned foods. 1921. 86 p. (Fed. Trade Commission Rept.) 10 cents.

  Information on the cost of production of canned corn, peas,
  string beans, tomatoes, and salmon gathered at the request of the
  President of the United States for use in connection with the purchase of supplies for the Army and Navy.
- Canned foods, modern processes of canning in the United States, general system of grading, and description of products available for export. 1917. 79 p., illus. (U. S. Dept. Com., Bur. Foreign and Dom. Com. Misc. Ser. 54.) 20 cents.

Though this description of American canned products was prepared especially to stimulate export, it is good reference material for use in this country.

# CANNING (Continued)

Canning fruits and vegetables at home. L. Stanley. 1926. 22 p., illus. (U. S. Dept. Agr., Farmers' Bul. 1471.) 5 cents. (Supersedes Farmers' Bul. 1211 and Miscellaneous Circ. 24.)

Brief discussion of causes of food spoilage and times and temperatures required for destroying bacteria, description of equipment for home canning, and specific directions, times, and temperatures for processing the kinds of fruits and vegetables commonly canned at home. The steam pressure canner is recommended for use with all nonacid vegetables, and hot-pack canning for all fruits and vegetables is strongly advised.

Methods followed in the commercial canning of foods. A. W. Bitting.
1915. 79 p., illus. (U. S. Dept. Agr., Bul. 196.) 10 cents.
Equipment and methods employed in modern canning factories;
results of work done in experimental canning laboratory on the
Pacific coast.

Relation of initial temperature to pressure, vacuum, and temperature changes in the container during canning operations. C. A. Magoon and C. W. Culpepper. 1922. 52 p., illus. (U. S. Dept. Agr., Bul. 1022.) 10 cents.

Report of studies of conditions inside the can from which deductions can be drawn as to the best procedure in order to protect the food against microorganisms and at the same time develop and preserve desirable flavor.

Scalding, precooking, and chilling as preliminary canning operations.

C. A. Magoon and C. W. Culpopper. 1924. 48 p. (U. S. Dept. Agr., Dept. Bul. 1265.) 10 cents.

Report of studies to determine the value of these steps in the preservation of spinach, peas, beans, and other vegetables by canning, and the effect on appearance, flavor, and other qualities of the products. A bibliography of technical literature and a list of pertinent nontechnical references are included.

Some experiments with a boric-acid canning powder. R. B. Edmondson, C. Thom, and L. T. Giltner. 1922. 12 p. (U. S. Dept. Agr., Dept. Circ. 237.) 5 cents.

Tests to determine the antiseptic value of "canning powders" on the market.

A study of sweet-potato varieties with special reference to their canning quality. C. A. Magoon and C. W. Culpepper. 1922. 34 p., illus. (U. S. Dept. Agr., Bul. 1041.) 10 cents.

Data on the general problems in canning sweet potatoes as well as on the canning qualities of the different varieties.

CANLING (Continued)

A study of the factors affecting temperature changes in the container during the canning of fruits and vegetables. C. A. Magoon and C. W. Culperper. 1921. 55 p., illus. (U. S. Dept. Agr., Bul. 900.) 15 cents.

Data from more than 600 tests to determine underlying principles and fundamental ractors of the time-temperature relations in conning.

See .130 .OTULIS.T.- PICALIS.- TOOK.

CARE OF FOOD

Care of food in the home. 1923. 12 p. (U. S. Dest. Egr., Farmers' lul. 1371.) 5 cents.

(Swero des Formers' Dal. 375, by the same title.)

Brief discussion of bacteria, yeasts, molds, and other causes of food spoilage followed by directions for caring for various kinds of roods.

CAVIAR. See FISH.

CEREALS. See CORN.- FLOUR.- MOOD SELECTION.- HILLET.- MICE.- SORGHULL.- WREEAT.

The chayote: Its culture and uses. L. G. Hoover. 1923. 11 p., illus. (U. S. Dept. Agr., Dept. Circ. 286.) 5 cents.

Recipes are included for cooking this vegetable which is now being grown in the mild-wintered regions of the South and West.

CHEESE

Food poisoning from a strentococcus in cheese. B. A. Linden, 7. C. Turner, and C. Thom. 1926. 6 p. (U. S. Treas. Dept., Public Health Serv., Paulic Health Ropts., Reprint 1100.) 5 cents.

(Also in U. S. Treas. Dept., Public Health Ropts., vol. 41, no. 52, p. 1847-1652.)

Report of study relleving outbreaks in Mains and Kansas.

Making Macrican theese on the farm. C. M. Gere. Revised, 1924. 16 p., illus. (U. S. Dept. Agr., Farmers' sul. 1191, Devis d, 1924.) 5 cents.

Surplus mile our often be used to good atvantage in making cheese of good keeping quality for home use. This bulletin gives cleur, concise directions.

Making and using costage cheese in the home. E. J. Autheson and J. A. Moover. 1980. 16 p., illus. (U. S. Dept. Agr., farmers' Bul. 1491.) Frents.

(Supersod's limits' 14.350, How to make coutago cheese on the fram, and 3 like or the Secretary Circ. 109, Cottago cheese dishes.)

Directions or given and equipment described for use in moting courts; cheer for moting courts; cheer for moting on a small scale, and receives are included for the use of the cheese either cooked or uncored.

125 (12-13-27)

CHASA (Continued)

The manufacture of Camembert cheese. K. J. Matheson. 1977. 28 p., illus. (U. S. Dept. 1gr., Dept. Bul. 1171.) Scents.

Though chiefly a description of commercial methods of making this cheese, food value and composition are discussed priefly and the possibility of making it on the form is suggested.

Meufchatel and cream cheese: Furn manufacture and use. M. J. Hatheson and F. . Cammack. Revised, 1927. 25 p., illus. (U. S. Dept. Agr., Farmers' Dul. 960, Mevised, 1927.) 5 cents.

Directions for the making and use of these soft cheeses.

Varieties of cheese: Descriptions and analyses. C. F. Dooms and H. W. Lawson. 1918. 80 p. (U. S. Dopt. Agr., Bul. 608.) 10 cents.

I. phreen distinct groups of cheese and over 400 varieties are described, and chemical analyses of over one hundred varieties given from various sources.

# See also BUTTIR.

# CHINICAL COMPOSITION

The chemical composition of American food materials. W. O. Atwater and A. P. Bryant. Revised, 1906. 87 p., illus. (U. S. Dept. Agr., Off. Empt. Stas., Bul. 28, Revised, 1906.) 10 cents.

Standard, comprehensive tables of chemical composition of foods.

Composition of food materials. U. P. Langworthy. Revised, 1916.

15 charts, 34 by 12 inches. (U. S. Dept. L. F., Orf. Expt. Stas., hevised, 1910.) Per set, pl.30.

Series of colored charts on the followin, subjects: Filk and nilk products, eggs and cheese; heat, aresh and cured; Fish, fish products, and oysters; buther and other fint-fielding foods; cereal grains; bread and other cereal foods; super and similar foods; roots and succulent vegetables; loganes and corn, fresh and dried truits; fruit and fruit products; must and nut products; functions and uses of food; dietary standards.

See 1130 1 Lat. - CHEMSE. - MAOUR.

# CHILDREN

Child core. Part 1, The proschool see. Ims. A. Jost. 1913. 88 p., illus. (U. S. Dept. Labor, Children's Gro., Jur. Pub. 30.)

The section on food, covering about the lages, is taken chiefly aron the bullinging to the U.S. Department of Against are but includes some educational general suggestions on the Tecain, of children of this ago.

# CHILDLEN (Continued)

Child management. D. A. Thom. 1925. 23 p. (U. S. Dept. Labor, Children's Bur., Rus. Pub. 143.) 5 cents.

The section on feeding, p. 6 to 9, gives many useful suggestions for the development of a proper attitude on the part of the child and the parent toward the child's rood.

Diet for the school child. 1919. 14 p., illus. (U. S. Dept. Int., Bur. Educ., Health Educ. 2.) 5 cents.

Discussion of the foods a child should have, with practical suggestions for preparing and serving them.

Food for young children. C. L. Aunt. Revised, 1920. 26 p., illus. (U. S. Dept. Agr., Parmers' Bul. 717, Revised, 1920.) 5 cents. The foods needed by children between 3 and 10 years of age discussed in a brief, popular way, oills of fare suitable for children, and a few recipes.

See also DIETARY SUALES AID STANDARDS.- DIETARY SURVEYS.- HHEARTS.-

# CID.m. Se. APTILIS.

#### CITRUS PRUITS

by-products from citrus Pruits. E. M. Chace, Revised, 1925. 15 p., illus. (U. S. Dept. Agr., Dept. Circ. 232, Revised, 1925.) 5 cents.

Directions for the utilization of braised, undersized, or oversized pranges, grapefruit, and looms in such products as cottled grapefruit juice, orange vinegar, candied cutrus peel, marmalades, jellies, and orange buster.

# See lso DIJAIN

### COCOA

The effect of alkali troutment on cocoas. E. Hoomeerg. 1918. 20 p. (U. S. Dept. Agr., cal. 636.) 5 cents.

Summary or data from investigation to determine whether alkali treatment renders cocoa more soluble, and what changes take place in the cocoa as a result.

#### COLN

Corn and its uses as lood. 1925. 26 p., illus. (U. S. Dept. Agr., Parmers' Tul. 1236.) 5 cents.

Brief discussions of the food value of corn and corn products followed by recipes for using green corn, corn meal, hominy, and pop corn.

# CORM (Continued)

Pop corn for the home. C. P. Hartley and J. G. Willier. Revised, 1920. 12 p., illus. (U. S. Dert. Agr., Tarmers' Lul. 553, Revised, 1920.) 5 cents.

Directions for growing and harvesting pop corn, and suggestions and recipes for using it.

See also CANNING.

# COURSE OF STUDY

Use and preparation of food. 1919. 270 p. (Pod. Bd. Voc. Educ., Bul. 35; also numbered Home Econ. Ser. 3.) 20 cents.

Outline of short-unit courses in the use and preparation of food for use in classes in home oconomics, with recipes and practical suggestions.

#### CREALI

The whi ping quality of cream. C. J. Babcock. 1922. 22 p., illus. (U. S. Dept. A.r., Bul. 1075.) 10 cents.

Study of effect of age, temperature, and other factors on the whipping quality of raw, pasteurized, homogenized, and other classes of cream.

See also ICE CREAT. - MILK.

# DASHELLY

The dasheen: A southern root crop for hold use and market. R. A. Young. 1924. 36 p., illus. (U. S. Dept. Ajr., Farmers' 341. 1996.) 5 cents.

Recipes for preparing the corms and tubers, leaves, and shoots are included.

The digestibility of the dasheen. C. F. Langworthy and A. D. Holmes. 1917. 12 p. (U. S. Dept. Agr., Rul. 612.) 5 cents.

Record of digestion experiments on the desheen, a starchy vegetable.

### DEHYDRATION

Commercial dehydration of fruits and vegetables. P. F. Nichols, R. Powers, C. L. Gross, and W. A. Noel. 1925. 40 p., illus. (U. S. Dept. Agr., Dept. Bul. 1535.) lo cents.

The description of equipment and methods is useful as reference material for students of food preservation.

Farm and home drying or fruits and vegetables. J. S. Caldwell. Revised, 1919. 61 p., illus. (U. S. Lapt. Agr., Farkers' Bul. 984, Revised, 1919.) 5 cents.

Principles, methods, and equipment for drying fruits and vegetables, with specific directions for handling the various kinds.

# DESYDRATION (Consistence)

A successful community drying plant. G. W. Paysley. 1917. 12 p., illus. (d. S. D. d. gr., Paracre' Pal. 916.) 5 emts.

Description of a plant for drying fruits and vegetables similar to one at Lincoln, Noraska.

DIET. See CHILDREN. - 1995 SULECTION. - IN WITS. - MALNUTRIPION. - WUTRIPION. - PELL.GRA.

# ·DIETARY SCALES AND STATDARDS

Dictary scales and standards for measuring a family's nutritive needs. E. Mawley. 1927. 32 p., illus. (U. S. Dept. Agr., Technical Bul. 8.) 3 cents.

Summary of the dietary scales and standards proposed by various workers, an evaluation of their use in road consumption studies, and an explanation of the new double scale adopted by the Bureau of Home Economics for calculating the energy, protein, and mineral needs of the family.

Jee also 100HO HC 37UDTLD.

# DIET.RY SURVEYS

Children of proschool age in Gary, for. L. Aughes and L. Roberts. 1922. 175 p. illus. (U. S. Dutt. Luber, Children's Bur., Bur. Pub. 122.) 20 cents.

Part 2 on the diet of the culdren is a detailed analysis of 3,015 diet records as regards adequacy and sustability, the use of certain 100ds, dietary customs, and the relation of certain physical conditions to the grades of dist.

Yood for farm families. H. V. Atvater. 1921. 14 p. (U. S. Dept. Agr., Yearbook (1920) Separate 888.) 5 cents. (Also in U. S. Dept. Agr. Yearbook 1920, p. 471-484.)

Popular article embodying some of the data obtained in dietary survey made on the Department of Agriculture.

Set also ECOTOMIC CRUDIES.

#### DIETETICS

Dietetics in institutions and in the field. L. Himilgerode. 1927.
7 p., illus. (U. S. Freedo. Dect., Public health Serv., Public Health Repts., Reprint 117..) 5 cents. (Anso in U. S. Treas. Dept., inblic Feulth repts., vol. 43, no. 33, p. 2039-2103.)

Reprint of an article contributed to the Bulletin of the Pan American Union outlining orients the function of the dietition in an institution and the training necessary to quality for such a position.

DIGESTION EXPERIMENTS. See DASHEED. - 1.178. - 1854. - HILLED. - 0118. SORGHUM. - STARCHES. - WELLT.

125 (12-13-27)

# ECCHONIC STUDIES

Cost of living in the United States. 1924. 468 p. (U. S. Dept. Labor, Bur. Labor Statis. Bul. 357.) 45 centr.

Data gathered during 1919-19 on the overage cost and quantity of fool as well as other classes of goods consuled by 12,000 white families in 92 industrial centers, together with tables showing the changes in cost of living up to December, 1923.

Expense factors in city distribution of perishables. C. E. Artman. 1926. 36 p., illus. (U. S. Dept. Lgr., Dept. Pul. 1411.) 10 cents.

Explanation of the distribution system for fresh fruits and vegetables in New York City and how it incluences retail sales and prices. This study was made in cooperation with the Part of New York Authority, New York City.

The family living from the farm. H. W. Lawthorne. 1923. 31 p., illus. (U. S. Dept. Agr., Dept. Bul. 1353.) Conts.

Data showing the kinds, quantities, and value of the food contributed by the farm to the family from 7,756 farms in 21 states.

Family living in Farm homes. M. H. Kirkpatrich, A. W. Atwater, and I. M. Bailey. 1924. 55 p. (U. S. Dept. Apr., Dept. Bul. 1214.) 5 cents.

Data on the average expenditure for food of 402 farm families for one year and an attempt to establish food cost-consumption units and a household-size index of correlating these cost figures with the dietary factors pased on physiological requirements.

The farmer's standard of living. A socio-economic study of 2086 white farm families of selected localities in 11 states. I. L. Kir't-patrick. 1926. 64 p., illus. (U. S. Dept. Agr., Dept. Bul. 1466.) 10 cents.

Data on the total value of food purchased and furnished by the farm, and their relation to standard of living.

Tome supplies furnished by the Narm. W. C. Punk. 1920. 19 p., illus. (U. S. Dept. Lgr., Narmers' Bul. 1982.) 5 cents.

Discussion of the economic Apportance of the food, fuel, and shelter furnished the Tankly by the form.

Human food from an acre of stable large products. .(. 0. Cooper and W. J. Spillman. 1917. It p. (U. S. Dort. Agr., larmers' Bul. 877.) prents.

An acre-vo-acre comparison of the road values of different crops and animal products; data or openial value to those interested in the economics of food and road supply.

(Lefore ordering, please real the althobias in the introductor statement.)

MONORIUS SETDIES (Continued)

Monthly labor review. (1. S. Dent. Labor, Str. Labor Statis.) 15 cents per single cony, 1.55 per year.

Each number contains current information on the retail prices of food in the United States.

The relation between the ability to pay and the standard of living among farmers. A socio-economic study of 851 white farm families of kentack, femnessee, and forwar. H. L. Hirkpatrick and J. T. Sanders. 1921. 72 p. (J. S. Dept. Agr., Dept. Bul. 1382.) o cents.

Data on food are included among other items of family expenditure and the cost-consumption unit and household-size index proposed in an earlier publication are revised.

Metail prices: 1690 to December, 1916. 1927. 250 p., illus. (U. S. Dept. Labor, Bur. Labor St tis., Bul. 445.) 35 cents.

Price changes of various articles of food are discussed briefly and in some cases illustrated by curves, and data on the cost and quantities of food consumed per ramily in various sections of the United States.

Set also DIMPLAY SCALES AND STANDARDS. - DIMPLAY SCAVEYS. - FATS. - FISH. - TALKATING. - ALAP. - THEK. - UPPLAY - VIAY.

.d. S

Compared all preservation of eggs by cold storage. I. K. Jenkins and I. D. Permington. 1919. 36 p., illus. (J. D. Debv. Lgr., Bul. 775.) 10 cents.

results of an investigation to determine the officiency of commercial cold storage as a means of preserving eggs. The relative recping a ding of the sur heated, sound, dirty, and cracked eggs; the relation of the month of storage to preservation; changes in the composition of eggs outing cold storage; and the cause of 'cold-storage tasts' in eggs, the among the points studied.

Mggs and their value as food. J. . Lengworthy. 1917. 37 p., illus. (T. S. Dept. Agr., onl. 471.) 5 cents.

Data regarding the nature and uses of eggs in the diet, and chasts of methods of a miling, storing, and marketing upon the value of eggs in the household.

Francing eggs. A. M. Slocma. 1924. 39 p., illus. (U. S. Dept. Agr., Francis Sul. 1378.) 5 cents.

Though print rily a discussion from the standpoint of production, the sees one on feature an ecting quality, candling, and grading are equally valuable to the consumer.

# EXHIBITS

How to prepare and display extension exhibits. N. W. Gilbertson. 1926. 29 p., illus. (U. S. Dept. Agr., Dept. Circ. 3.5.) 10 cents. Suggestions that apply to both home economics and agricultural exhibits.

#### EXTENSION WORK

Extension work in roods and nutrition, 1923. M. Sirdseye. 1925. 31 p., illus. (U. S. Dont. Agr., Dept. Circ. 349.) 5 cents.

A comprehensive report of the work carried on cooperatively under the Smith-Lever Act by the U. S. Department of Agriculture and the States in roods and nutrition, giving organization, methods, and results.

#### FATS

Digestibility of certain miscellaneous animal fats. A. D. Holmes. 1919. 27 p. (U. S. Dopt. Agr., Bul. 615.) 5 cents.

Record of experiments on the digestibility of goat's butter, hid fat, hard-palate fat, herse fat, olec oil, oleo stearin,

Digestibility of some animal fats. C. 1. Langworthy and A. D. Holmes. 1915. 23 p. (U. S. Dept. Agr., Bul. 310.) 3 cents.

Record of studies of the digestibility and melting point of

lard, beef fat, mutton fat, and butter.

ox-marrow fat, ox-tail fat, and turtle fat.

Digestibility of some vegetable fats. C. F. Languarthy and A. D. Holmes. 1917. 20 p. (U. S. De.t. Agr., Dul. 505.) 5 cents.

Record of studies of the digestibility of olive oil, cotton-seed oil, peanut oil, coconut oil, sesame oil, and cocoa butter.

- Fats and their economical use in the home. A. D. Holmes and H. L. Lang. 1916. 27 p., illus. (J. S. Dopt. Agr., Eul. 469.) 3 cents.

  Data regarding the character, selection, and use of edible fats in the home, including such topics as savory fats and softening hard fats to make them more satisfactory for shortening purposes.
- The production and conservation of fats and oils in the United States. H. S. Dailey and B. E. Reuter. 1919. 48 p. (U. S. Dept. Agr., bul. 769.) 10 cents.
- The production and conservation of fats and oils in the United States.

  Supplement. H. S. Builey and R. M. Heuver. 1919. 7 p. 5 cents.

  Description of general processes used in production of fats and oils in this country, with supportions for increasing the supply. The supplement gives later statistics on the production, importation, and exportation of fats and oils in the United States.

# PLTS (Continued)

Studies on the digestibility of some animal fats. C. F. Langworthy and A. D. Holmes. 1917. 20 p. (U. S. Dept. Agr., Bul. 507.) 5 cents. Record of experiments on the digestibility of the fat of chickens, geese, prished, cream, eggs, and fish.

See also DUTTER. - OILS.

# IRALESS JOULERS

Homemade fireless cookers and their use. Revised, 1919. 16 p., illus. (U. S. Dept. Agr., Farmers' Bul. 771, Revised, 1919.) 5 cents. Discussion of the principle of the fireless cooker, its advantages and limitations, and suggestions for its use, including a few recipes.

#### FISH

The bowfin: An old-Tashioned fish with a new-found use. R. E. Coker. Revised, 1918. 7 p., illus. (U. S. Dept. Com., Bur. Fisheries, Econ. Circ. 26, Revised, 1918.) 5 cents.

Directions for cleaning and smoking bowlin, and recipes for cooking the smoked fish.

Canned salmon: Pink and chum. 1921. 7 p. (U. S. Dept. Com., Bur. Fisheries, Lcon. Circ. 48.) 5 cents.

Brief discussion of the salmon caming industry, the life history of the Pacific Coast salmon, and the food value of canned salmon, with forty-four recipes.

Caviar: What it is and how to prepare it. L. Radcliffe. Revised, 1925. 8 p., illus. (U. S. Dept. Com., Bur. Fisheries, Econ. Circ. 20, Revised, 1925.) 5 cents.

Discussion of preparation of caviar from the roe of the sturgeon and certain other fish.

- The commercial freezing and storing of Fish. E. D. Clark and L. H. Almy. 1918. 10 p., illus. (U. S. Dept. Agr., Bul. 635.) 5 cents.

  Discussion of commercial methods of freezing and storing fish with section on food value of frozen fish.
- Experiments on the digestibility of fish. A. D. Holmes. 1918. 15 p. (U. S. Dept. Agr., Bul. 649.) 5 cents.

  Record of studies of digestibility of Boston mackerel, butterfish, grayfish, and schoon.
- Fish roe and buckroe. L. Radcliffe. 1918. 11 p. (U. S. Dept. Com., Fur. Fisheries, Econ. Circ. 36.) 5 cents.

  Brief discussion of food value of fish roe, with suggestions and recipes for using it.

# FISH (Continued)

- The haddock: One of the best salt-water fishes. H. F. Moore. 1920.

  8 p. (U. S. Dept. Com., Bur. Pisheries, Econ. Circ. 47.) 5 cents.

  Brief history of the fishing industry and food value of the haddock, with thirty-one recipes.
- The Maine sardine industry. F. C. Weber, H. V. Koughton, and J. B. Wilson. 1921. 127 p., illus. (U. S. Dept. Agr., Dul. 908.) 50 cents. Report of extensive investigation giving description of methods and materials used, with discussion of the rood value of canned sardines.
- Mutritive value of fish and shellfish. 1926. 52 p. (U. S. Dept. Con., Bur. Fisheries, Doc. 1000.) 10 cents. (Also in U. S. Dept. Com., Bur. Fisheries Rept. 1925, Appendix X.)

  Compilation of data on chemical composition, protein content, fats and oils, mineral constituents, and vitamin content, prepared by specialists from various trade organizations and research institutions. A bibliography of about 60 references is included.
- ... report ... on canned foods: Canned salmon. 1919. 83 p. (Fed. Trade Commission.) 10 cents.

  Concise history of the salmon canning industry and summary of data concerning the production and consumption of canned salmon.
- The sable fish, alias black cod. H. F. Moore. 1917. 6 p., illus. (U. S. Dept. Com., Bur. Fisheries, Econ. Circ. 23.) 5 cents. Description of sable fish, with recipes for cooking.
- The whiting: A good fish not adequately utilized. H. F. Moore. 1917. 4 p., illus. (U. S. Dept. Com., Eur. Fisheries, Econ. Circ. 32.) 5 cents.

Suggestions and recipes for the use of whiting.

See also IODINE IN FOODS.

#### FLOUR

The chemical analysis of wheat-flour substitutes and of the breads made therefrom. J. A. LeClerc and H. L. Wessling. 1918. 12 p., illus. (U. S. Dept. Apr., Bul. 701.) 5 cents.

Data from emperiments on a variety of starchy materials used in bread making.

Influence of granulation on chemical composition and baking quality of flour. J. H. Shollenberger and D. A. Coleman. 1926. 36 p. (U. S. Dept. Agr., Dept. Bul. 1463.) 13 cents.

Report of experimental work in the Bureau of Agricultural Economics showing that the chemical composition and baking quality of alour may be affected by excessive grinding.

See also BAKING .- WHEAT

#### 125 [12-13-27]

# TOOD SELLCTION

Food selection and meal planning. C. L. mant. 1921. 8 charts, 18 by 23 inches. (U. S. Dept. Agr., States Relat. Serv.) Per set, 50 cents.

Series of black and white charts on the following subjects

1. A week's supply of food for an average ramily. 2. A week's supply of vejetables and fruits for an average ramily. 3. A week's supply of milt, meat, and similar foo's for an average family.

4. A sec's supply of cereal foods for an average family.

5. A week's supply of fat and fat foods for an average family.

6. A week's supply of fat and fat foods for an average family.

7. Counting the cost of a week's food supply. 8. Figures for estimating food supplies for individuals and for vamilies differing from the average.

Good proportions in the dist. C. L. Funt. 1923. 24 p., illus. (U. S. Dept. Agr., Farmers' Bul. 1813.) 5 cents.

(Supersedes Farmers' Enl. 1828, A week's food for an average family.)

Principles of food selection from the standpoint of adequacy, wholesomerss, attractiveness, and cost, for the 'average' family consisting of father, mother, and three children. Peproductions of the Tood selection and meal planning charts illustrate the text.

A juide to good meals for the junior homemaker. M. Van Deman and C. L. Munt. 1926. 14 p., illus. (J. S. Dept. Agr., Misc. Circ. 49.) 5 cents.

Incorinciples of food selection and moal planning discussed in simple language, particularly for the use of girls' clubs organized through the Extension Service.

190-calorie portions of a few familiar foods. 1923. I chart, 10 by 24 inches. (U. S. Dept. Agr., Pur. Home Acon.) 10 cents.

Pen and int straings of 100-calorie portions of 20 food materials, intended as a guide in food selection and meal planning.

#### FRUITS

Homemade fruit busters. C. P. Close. revised, 1920. 8 p., illus. (U. S. Dept. Agr., Farmers' Jul. 200, nevised, 1920.) 5 cents. Suggestions for making 12 binds of fruit butters.

Nutritive volue of fruits, vegetables, and nuts. C. L. Munt. 17 p., illus. (U. S. Dept. Agr., Yearbook (1925) Separate 927.) 5 cents. (Also in U. S. Dept. Agr. Yearbook 1925, p. 135-142.)

Popular discussion of the place of these foods in the well-palanced dist, the food constituents for which they are most valu-

able, and saggestions for proparing and secting them.

Ser also APPLIS. - JANUING. - CITRUS MAUITE. - DENYDRATION. - CRAPES. - JUJUTE. - PROTTO. - PRESENTORS.

### GELATIN

Sources, preparation, and properties of some algal gelatins. I. A. Field. 1921. 7 p. (U. S. Dept. Com., Bur. Fisheries, Econ. Circ. 51.) 5 cents.

Commercial uses of Irish moss and some of the other seaweeds growing along our coasts. The goldtin entracted from Irish moss especially has long been used in making planemance and other dishes.

### GRAPES

Nome utilization of muscadine grapes. C. Dearing. 1925. 27 p., illus. (U. S. Dept. Agr., Farmers' Bul. 1454.) 5 cents. (Supersedes Farmers' Bul. 756, Muscadine grape sirup; Farmers' Bul. 859, Nome uses for muscadine grapes; and larmers' Bul. 1033, Muscadine grape paste.)

Methods and equipment for making sirup, juice, jelly, preserves, marmalade, and other products from these grapes which are grown abundantly in the South Atlantic and Juli States.

Unformented grape juice: Now to make it in the home. C. Dearing. Revised, 1925. 51 p., illus. (U. S. Dept. Agr., Farmers' Bul. 1975, Revised, 1925.) 5 cents.

Directions for the home proparation of unformented juice for family use or for local sale.

#### DITEY

Money and its uses in the some. C. L. Burt and T. W. Livetter. 1915. 26 p. (U. S. Dept. Agr., Parmers' Bul. 650.) 5 cents. Discussion of the nature and food value of honey, with suggestions and recipes for its use.

# ICE CREAM

Effect of composition on the pallitability of ica cream. O. E. Williams and C. R. Campbell. 1923. 8 p., illus. (U. S. Dept. Agr., Dept. Bul. 1161.) 5 cents.

Report of experiments to determine the influence of lat content, sugar, and other factors.

TALIUSTRATIVE INTERNIAL. Ser C'ENTICAL COMPOSITION.- EXTRATIVE.- FOOD SELECTION.-

# III ANTS

Preast feeding. 1901. 10 p. (J. S. Dept. Lawer, Children's Lur., Care of Children Ser. 5; also numbered Bur. Pub. 37.) 5 cents. laternal nursing as a problem of economic, educational, and medical importance.

Breast feeding. 1926. 3 p. (U. S. Dent. Labor, Children's Bur. Folder 2.) 5 cents.

Directions for mother, including a day's food plan and sample memus for her, and suggestions on tools for baby after wearing.

# INFARTS (Continued)

Infant care. Revised, 1922. 118 p., illus. (U. S. Dept. Labor, Children's Bur., Care of Children Ser. 2; also numbered Bur. Pub. 8, Revised, 1922.) 10 cents.

Directions for feeding infants from birth to two years of age prepared in consultation with leading pediatrists.

What builds babies? The mother's diet in the pregnant and nursing periods. 1925. 8 p. (U. S. Dept. Labor, Children's Bur., Folder 4.) 5 cents.

Food substances needed by mothers and sample menus.

See also MALNUTRITION. - MILK. - NUTRITION.

# IODINA IN FOODS

Iodine content of sea foods. D. K. Tressler and A. W. Wells. 1924.

12 p. (U. S. Dept. Com., Bur. Fisheries, Doc. 967.) 5 cents.

(Also in U. S. Dept. Com., Bur. Fisheries, Rept. 1924, Appendix 1.)

Summary of previous work on this subject and new analyses of about 50 sea foods, together with a bibliography.

Iodine content of preserved sea foods. A. W. Wells. 1925. 6 p. (U.S. Dept. Com., Bur. Fisheries, Doc. 979.) o cents. (Also in U.S. Dept. Com., Bur. Fisheries, Rept. 1924, Appendix 6.)

Analyses showing that preserved fish and fishery products contain iodine in quantities comparable to those of fresh fish.

Iodization of public water supplies for prevention of endemic goiter.
R. Olesen. 1927. 15 p. (U. S. Treas. Dept., Public Health Serv.,
Public Health Repts., Reprint 1153.) 5 cents. (Also in U. S.
Treas. Dept., Public Health Repts., vol. 42, no. 20, p. 1355-1367.)
A critical review of the results of adding iodine to water
supplies, pointing out the need of more extensive research before
its value can be established.

JELLY MAKING. See CITRUS FRUITS .- PECFIM.

#### JUJUBE

The Chinese jujube. C. C. Thomas and C. G. Church. 1924. 51 p., illus. (U. S. Dept. Agr., Dept. Bul. 1215.) 10 cents.

Includes discussion of food value and ways of using this fruit, which may be grown in the drier sections of the South and Southwest.

#### LAMB

Farm slaughtering and use of lamb and mutton. C. G. Potts. Revised, 1925. 32 p., illus. (U. S. Dept. Ar., Farmers' Bul. 1172, Revised, 1925.) 5 cents.

Methods employed in slaughtering the animal, cutting up the carcass, and curing the flesh, also recipes for cooking the meat.

# LA H (continuca)

Lamb and mutton and their use in the dist. 1923. 13 p., illus. (U. S. Dept. Agr., Larne to Bul. 1324.) I conts.

Frien discussion on these neutroparticularly as produced on the farm, methods for temporary preservation, and directions and recipes for cooling.

Sec wiso Barr.

#### LUNCLUS

The lunch four at school. K. A. Lisher. 1920. 62 p., illus. (J. S. Dept. Int., Sur. Educ., Mealth Educ. 7.) 5 cents.

Summary of data gathered from a survey of school lunches in both rural and city schools in various parts of the country, with practical suggestions for the organization and equipment of school lunch rooms, a few sample menusional school-derecipes, and a list of references.

School lunches. C. E. Cunt. Revised, 1922. 25 p., illus. (U. S. Dept. Agr., Larmore' Pul. 712, Revised, 1922.) 5 conts.

the moon most for school children discussed from the standpoint of samplying the proper hind and amount of food and of propaging and sorving it. A regreeipus are included.

See also Childrik - Ilanum ITIO

#### ALL JEKITION

The campaign against maknutrition. 1923. 37 p. (U.S. Freas. Dept., Public health Serv., Public Health Lul. 184.) 5 cents.

Rectional Child Health Council in cooperation with the U.S. Public Health Service.

Islantrition and school feeding. J. C. Gebhart. 1921. 39 p., illus. (U. S. D pt. Int., Eur. Educ., Eul., 1921, no. 37.) 5 cents. Brief discussion of methods of diagnosing malnutrition, estimates of its prevalence, followed by more detailed summary of measures being taken in the United States and in some European countries to correct malnutrition by school feeding.

What is malnutrition? L. J. Noberts. Revised, 1927. 25 p. (U. S. Degt. Labor, Children's Bur., Sur. Pub. E9, Revised, 1927.) 5 cents.

Discussion of the signs and symptoms of malimitration, clus.s, effects, and treatment, and a list of references.

ple also C TEDITM. - NUTATION.

# MAPLE STRUP AND SUGAR

Production of maple sirup and sugar. A. H. Bryan, W. F. Hubbard, and S. F. Sherwood. 1923. 34 p., illus. (U. S. Dept. agr., . Farmers' Bul. 1366.) 5 cents. (Supersedes Farmers' Bul. 516, by the same title.)

Directions for collecting and handling the sap, making maple sirup and sugar, handling and storing the products.

### MARKETING

Cooperative marketing. O. B. Jesness. 1920. 27 p. (U. S. Dept. Agr., Farmers' Bul. 1144.) 5 cents.

Although primarily a discussion of cooperative marketing organizations among farmers, the principles of cooperation are set forth in such a way that this bulletin is equally valuable to groups of consumers interested in starting cooperative enterprises.

- Parcel post business methods. C. C. Hawbaker and J. W. Law. 1918. 20 p. (U. S. Dept. Agr., Farmers' Bul. 922.) 5 cents. Suggestions for both shippers and customers.
- Self-service in the retailing of food products. F. E. Chafee and AcF. Kerbey. 1922. 52 p., illus. (U. S. Dept. Agr., Bul. 1044.) 10 cents.

Results of a study of the principles of self-service showing the advantages and disadvantages of this method for the retail distribution of foodstuffs.

Standard baskets for fruits and vegetables. F. P. Downing and H. A. Spillman. 1924. 18 p., illus. (U. S. Dept. Agr., Farmers' Bul. 1434.) 5 cents.

(Supersedes Farmers' Bul. 1196, Standard containers for fruits and vegetables.)

Existing Federal standards, sales by measure versus sales by weight, and other important points about the standardization of containers for marketing fresh fruits and vegetables discussed as they affect producer and consumer.

Weight variation of package foods. H. Runkel. 1920. 20 p. (U. S. Dept. Agr., Bul. 897.) 5 cents.

Results of a study of methods of "packaging" foods and application of experimental work to correct present errors.

See also BUTTER .- EGGS .- POULTRY .

LEAL PLANTING. See FOOD SELECTION.

# TEAT

Commercial cuts of meat. J. C. Davis. 1924. 9 p., illus. (U. S. Dept. Agr., Dept. Circ. 300.) 5 cents.

The charts for beef, veal, lamb, and fresh pork show both wholesale and retail cuts.

# MEAT (Continued)

Consumer habits and preferences in the purchase and consumption of meat.

K. B. Gardner and L. A. Adams. 1926. 64 p. (U. S. Dept. Agr.,
Dept. Bul. 1443.) 10 cents.

Data from personal interviews with housewives in 16 representative cities of the United States. Other data from this survey are given in "lethods and practices of retailing meat" and in "largins, expenses, and profits in retailing meat.

Food animals and meat consumption in the United States. J. Roberts.
Revised, 1926. 23 p., illus. (U. S. Dept. Agr., Dept. Circ. 241,
Revised, 1926.) 5 cents.

Statistics and brief discussion of such questions as the trend of population and livestock production in the United States from 1850 to 1926 and per capita consumption of meat in various countries as based on export and import estimates.

The inspection stamp as a guide to wholesome meat. J. R. Mohler. 1926. 20 p., illus. (U. S. Dept. Agr., Misc. Circ. 63.) 5 cents.

Popular discussion of the meaning of the little purple stamp on meats offered for sale and the extent of Federal supervision over the meat supply.

Margins, expenses, and profits in retailing meat. H. B. Gardner. 1926.
56 p., illus. (U. S. Dept. Agr., Dept. Bul. 1442.) 10 cents.
Report of a survey made in 16 cities throughout the United States. Other data from this study are given in 'Methods and practices of retailing meat' and in 'Consumer habits and preferences in the purchase and consumption of meat."

... Meat-packing industry. 1918-1920. 6 parts, illus. (Fed. Trade Commission Rept.) Summary and Part 1, 50 cents; Part 2, 20 cents; Part 4, 40 cents; Part 5, 10 cents; Part 6, 20 cents.

Facts gathered by order of the President of the United States concerning the extent of the activities and the business methods employed by the corporations engaged in this industry. Part 1 discusses the extent and growth of power of the five packers in meat and other industries; Part 2, evidence of combination among packers; Part 4, the five large packers in produce and grocery foods; Part 5, profits of the packers; Part 6, cost of growing beef animals, cost of fattening cattle, cost of marketing livestock.

Methods and practices of retailing meat. W. C. Davis. 1926. 24 p., illus. (U. S. Dept. Agr., Dept. Bul. 1441.) 10 cents.

Report of the first section of a survey made in 20 cities and towns throughout the United States. Two other bulletins "Margins, expenses, and profits in retailing meat" and "Consumer habits and

preferences in the purchase and consumption of meat" give other

findings.

# MEAT (Continued)

Retail marketing of meats: Agencies of dis ribution, methods of merchandising, and operating expenses and profits. (4. C. Marshall. 1925. 86 p., illus. (U. S. Dept. Agr., Dept. Bul. 1317.) 15 cents.

Valuable as reference material for students of food economics.

Wholesale and retail cuts. Beef, veal, fresh pork, and lamb. 4 charts, 16 by 24 inches. (U. S. Dept. Agr., Bur. Agr. Econ.) 50 cents. per set.

Colored charts suitable for classroom or lecture use.

See also BEEF .- LATB .- LUSKRAT .- PORK .- RABBIT .- VITA HINS .

#### METABOLIST

Affect of high temperatures on basal metabolism. W. J. McConnell, C. P. Magloglou, and W. B. Fulton. 1924. 14 p., illus. (U. S. Treas. Dept., Public Health Serv., Public Health Repts., Reprint 977.) 5 cents. (Also in U. S. Treas. Dept., Public Health Repts., vol. 39, no. 49. p. 3075-3088.)

Summary of results of experiments conducted by the U.S. Public Health Service and the U.S. Bureau of Mines cooperating with the American Society of Meating and Ventilatin, Engineers for the purpose of establishing direct correlation between factors pertaining to metabolism and external temperature conditions.

See also DILTARY SCALES A D STANDARDS .- MUTALFION.

#### IIIK

Antineuritic vitamine in Stim milk powder. J. M. Johnson and C. W. hooper. 1921. 8 p., illus. (T. S. Treas. Dept., Public Health Serv.; Public Health Repts., Reprint 689.) 5 cents. (Also in U. S. Preas. Dept., Public Health Repts., vol. 36, no. 34, p. 2037-2043.)

Data on experiments ith pigeons to determine the amount of skin wilk powder necessary to prevent polyneuritis.

Dried milk powder in infant feeding. P. Clark and E. D. Collins. 1922. 20 p., illus. (U. S. Treas. Dept., Public Health Serv., Pablic Health Repts., Reprint 789.) 5 cents. (Also in U. S. Treas. Dept., Public Health Repts., vol. 37, no. 40, p. 2415-2433.)

sport of a feeding experiment made in Boston on 241 infants by the Public Health Service in cooperation with local agencies to determine the safety, usefulness, and comparative value of dried milk powder.

Educational milk-for-health compaigns. J. H. Hoover and F. L. Hall. Revised, 1927. 40 p., illus. (U. S. Dept. Agr., Dept. Circ. 250, Revised, 1927.) 10 cents.

Detailed suggestions for organizing milk campaigns for the purpose of reducin, undernourishment especially among children, and methods of follow-up work.

# MILK (Continued)

Permented milks. L. A. Rogers. 1916. 31 p., illus. (U. S. Dept. Agr., Bul. 319.) 5 cents.

Therapeutic value of butterallk, kefir, kealss, jourt, with directions for making; also a bibliography of the more important papers on fermented milks.

- Farmers' Ful. 1359.) 5 cen's.

  (Supersedes Farmers' Pul. 1207, of the same title.)

  Composition and food value of mil's, home methods of pasteurization, and suggestions for care and use in cooking.
  - ... Milk and milk products. 1921. 234 p. (Fed. Frade Commission mept.) 25 cents.

Economic information on the milk and milk-products industries during the war and on certain activities of the rook Edministration in this connection.

- Milk and our school children. 3. 3. Nearry. 1953. 3k p., illus. (U. S. Dept. Int., Bur. Educ., Health Educ. 11.) 5 cents.

  Suggestions for teaching children the 100d value of milk and inducing them to use it in assurdance.
- Hilk for the family. Revised, 1924. 4 p., illus. (F. S. Dopt. Agr., Dept. Circ. 127, Levised, 1924. 5 cents.

  Popular statement of the food value of milk.
- Mil's the indispensable food for children. D. A. Mine offill. 1986.
  43 p. (U. S. Dept. Labor, Children's Eur., Bur. Pub. 168.) 5 cents.
  (Supersedes Children's Pur. Pub. 35, by the sound title.)

  Nature and value of milk as a food for other and child, importance of breast milk, the value of goat's milk and cow's milk as a substitute for breast milk, the preparation of milk and milk

as a substitute for breast milk, the preparation of milk and milk foods for children, and an extensive list of references to literature.

Posters prepared by school children in mile-for-health campaigns.
J. M. Loover. Levised, 1905. 15 p., illus. (J.S. Dest. Agr., Misc. Circ. 21, Revised, 1925.) 3 const.

Reproductions of some of the prize-winning posters with brief suggestions about the desi ming, judgin, and subject matter for such posters.

See also PILLAGAL.

#### TULLUT

Experiments in the determination of the dijectibility of millets.

C. F. Langvorthy and M. J. Holmes. 1917. 11 p. (J. S. Dent. Agr., aul. 500.) a cents.

Report of dijestion experiments conducted with a view to extendin, the use of these grains in this country.

#### TRUSH LOUIS

Ashrooms and other common fungi. 1. W. Potterson and V. K. Charles.

1910. 64 p., illus. (U. S. Dept. Agr., Bul. 175.) 30 cents.

Descriptions for the use of the anatour collector in distinguishing poisonous and adiple species, with excellent illustrations, glossary, and 29 recipes for cookin, mashrooms.

Some common edible and poisonous mushrooms. F. w. Patterson and V. K. Charles. 1917. 24 p., illus. (U. S. Debt. Agr., Farmers Bal. 796.) Scents.

Description of the common kinds of mushrooms with recipes for cooking them.

#### MUSICRAT

The mustrut as a fur bearer, with notes on its use as food. D. E. Lantz. 1317. 23 p., illus. (U. S. Dept. Agr., Farners' Bul. 869.) 5 cents.

Childly a discussion of the economic importance of the muskrat with brief statement of its use as food and three recipes for cooling.

#### MUSSELS

Sea mussels: What they are and how to cook them. 1914. 5 p., illus. (U. S. Dept. Com., Bur. Fisheries, Reon. Circ. 12.) 5 cents. Triof description of sea mussels with suggestions and 18 recipes for cooking them.

TITTON. See LINE. - . MAT.

#### NUTRITION

Heredity and culture as factors in body build. C. B. Davenport and L. A. Holson. 1925. 5 r. (U. S. Treas. Debt., Public Health Repts., Reprint 1055.) 5 cents. (Also in U. S. Treas. Debt., Public Health Repts., vol. 40, no. 48, p. 2601-2605.)

Data from 402 individuals in 71 families showing that beyond the developmental years, body build has less relation to the state of mutrition than is generally supposed.

# INITALIFION (Continued)

The new Faldwin-Wood Light-height-age tables as an index of nutrition. T. Clark, E. Sydenstricker, and S. D. Collins. 1924. 8 p. (U. S. Treas. Dept., Public health Serv., Public Health Repts., Reprint 907.) 5 cents. (Also in U. S. Treas. Dept., Fublic health Repts., vol. 39, no. 11, p. 518-525.)

"The application of the Boldwin-Wood standard of nutrition to 506 native white children without physical defects and with 'good' or 'excellent' nutrition as judged from clinical evidence."

The nutrition and care of children in a mountain county of Kentucky.

L. Roberts. 1922. 4L p., illus. (U. S. Dept. Labor, Children's Bur., Bur. Pub. 110.) 10 cents.

Report of nutrition survey dealing with home conditions, diet, and such other items as sleep, from air, care of teeth, and the like.

Nutrition and education: E. B. Sterling. 1922. 10 n. (U. S. Treas. Dept., Public Health Serv., Public Health Repts., seprint 798.) 5 cents. (Also in U. S. Treas. Dept., Public health Repts., vol. 37, no. 45, p. 2798-2808.)

Report of a neight-weight survey of school children in a small city in the Middle West.

Mutrition in childhood. T. Clark. Revised, 1924. 10 p. (U. S. Treas. Dept., Public Health Repts., Apprint 654.) 5 cents. (First edition in U. S. Freas. Dept., Public Health Repts., vol. 36, no. 17, p. 923-930.)

Symptoms of malnutrition discussed briefly and suggestions given for children's dist.

Wutrition in relation to reproduction and vitality of the offspring. W. Simmonds. 1926. If p. (U.S. Dept. Labor, Children's Bur., Separate 7 from Pub. 157.) 5 cents.

Summary of findings from emperimental animals and of observations on human beings in various parts of the world.

Mutrition work.for preschool children. A. K. Hanha. 1924. 25 p. (J. S. Dept. Labor, Children's Bur., Bur. Pub. 138.) 5 cents.

"Report based on a field study of the method of conducting nutrition work for preschool children in 9 uroan and 5 rural communities in which some definite organized work in this field has been done."

# NUTRITION (Continued)

A plea for more attention to the nutrition of the school child. T. Clark. 1924. 9 p. (U. S. Treas. Dept., Public Health Serv., Public Health Repts., Reprint 951.) 5 cents. (Also in U. S. Treas. Dept., Public Health Repts., vol. 39, no. 35, p. 2199-2208.)

Address delivered before Department of Child Hygiene of the National Education Association showing how the health and development of school children can be improved by practical application of the results of nutrition investigations.

References on the physical growth and development of the normal child. 1927. 353 p. (U. S. Dept. Labor, Children's Bur., Bur. Pub. 179.) 50 cents.

An annotated bibliography of 2,500 citations chosen from approximately 10,000 books and articles. The section on metabolism includes 874 references grouped under digestion, elmination, general nutrition and metabolism, and temperature.

Some nutrition experiments with brewers' yeast. M. L. Smith and E. G. Hendrick. 1926. 7 p., illus. (U. S. Treas. Dept., Public Health Serv., Public Health Repts., Reprint 1061.) 5 cents. (Also in U. S. Treas. Dept., Public Health Repts., vol. 41, no. 6, p. 201-207.)

A series of experiments with special reference to the value of brewers' yeast in supplementing certain deficiencies in experimental rations fed to albino rats.

Weight and height as an index of nutrition. T. Clark, E. Sydenstricker, and S. D. Collins. 1923. 22 p., illus. (U. S. Treas. Dept., Public Health Serv., Public Health Repts., Reprint 809.) 5 cents. (Also in U. S. Treas. Dept., Public Health Repts., vol. 38, no. 2, p. 39-58.)

Report of measurements of nearly ten thousand children.

See also CHILDREN. - EXTENSION WORK. - FOOD SELECTION. - MALNUTRITION. - VITAMINS.

NUTS. See FRUITS.

#### OILS

Digestibility of cod-liver, Java-almond, tea-seed, and watermelon-seed oils, deer fat, and some blended hydrogenated fats. H. J. Deuel, jr., and A. D. Holmes. 1922. 15 p. (U. S. Dept. Agr., Bul. 1033.) 5 cents.

Report of experiments giving the coefficients of digestibility of these oils and fats with men as subjects.

# OILS (Continued)

Digestibility of some by-product oils. A. D. Holmes. 1919. 16 p. (U. S. Dept. Agr., Bul. 781.) 5 cents.

Studies of the digestibility of apricot-kernel oil, cherry-kernel oil, melon-seed oil, peach-kernel oil, pumpkin-seed oil, and tomato-seed oil.

# See also FATS.

#### OYSTERS

Oysters: An important health food. L. Radcliffe. 1925. 15 p. (U. S. Dept. Com., Bur. Fisheries, Econ. Circ. 58.) 5 cents.

Brief discussion of food value of oysters followed by 98 recipes.

### PEANUTS

The manufacture and use of peanut butter. H. C. Thompson. 1920. 16 p., illus. (U. S. Dept. Agr., Dept. Circ. 128.) 5 cents.

Commercial and home methods of making peanut butter, with recipes for its use in cookery.

# See also FATS.

#### PECTIN

Citrus pectin. H. D. Poore. Revised, 1926. 20 p. (U. S. Dept. Agr., Dept. Bul. 1323, Revised, 1926.) 5 cents.

The data on the properties of citrus pectin collected in connection with a study to develop methods for producing this pectin on a commercial scale, are of value to all workers conducting research in the making of jams and jellies. A bibliography on pectins is also included.

Homemade apple and citrus pectin extracts and their use in jelly making.
M. C. Denton, R. Johnstin, and F. W. Yeatman. Revised, 1923. 11 p.
(U. S. Dept. Agr., Dept. Circ. 254, Revised, 1923.) 5 cents.

Directions for making pectin extracts and recipes for their use in making jellies from such fruits as cherries, peaches, pineapple, rhubarb, strawberries, and others naturally deficient in pectin. A score card for jelly is included.

# See also CITRUS FRUITS.

### PELLAGRA

Pollagra prevention by diet among institutional inmates. J. Goldberger, C. H. Waring, and W. F. Tanner. 1923. 10 p. (U. S. Treas. Dept., Public Health Serv., Public Health Repts., Reprint 874.) 5 cents. (Also in U. S. Treas. Dept., Public Health Repts., vol. 38, no. 41, p. 2361-2368.)

Brief report of a three years' study of pellagra showing that it is not a communicable disease and may be completely prevented by diet.

PULL Sa. (Consider)

Table ro. Its nature and advention. J. actabaseer. 1927. 8 p. (U.S. Trops. Dept., Public datas Sarv., Public local datas, Reprint 1174.) 5 cents. (Also in U.S. Trops. Dept., Public health a pts., vol. 42, de. 55, p. 1195-226.)

Sugary of information regarding the symptoms, cause, prevention, and treatment of pullbayra in answer to questions frequently asked by the public regarding this discuss resulting in large measure from a faulty dist.

A study of the fillagram; reventive action of dried beams, easein, dried wilk, and proverty just, with a consideration of the essential provertive factors involved. J. Goldberger and W. P. Tanner. 1925. 27 p. (J. S. Truss. )cpt., Tablic Health Sirv., Public Health Depts., A print 95%.) 5 cents. (Also in J. S. Truss. Dept., Public Health Repts., vol. 40, no. 2, p. 54-30.)

absults of wirther experiments to determine the coast and cure of policy, particularly from the standpoint of a low cost dict.

A study of the pull grammoventive action of the toacto, carrot, and ruthbara turnip. J. Octdoor, read of A. Wheeler. 1927. 10 p. (U.S. Treas. Dayl., Public woulth Serv., Paplic Wealth Repts., Labriat 1107.) of con's. (Hep in U.S. Treas. Dopt., Public Health Lease., vol. 42, no. 12, m. 1209-1306.)

Progress report of reserve on the cause and cure of pellagra by the U.S. Tublic Health S rvice.

I study of the treatment and are vention of pollagra. J. Goldberger and U. P. Fenner. 1921. 21 p. (U. S. Treas. Dept., Public health Serv., Public Mealon hopts., Reprint 805.) I cente. (Also in ... reat. Pept., Public Mealon tepts., vol. 89, no. 8, p. 87-107.) 'Entricents showing the value of freshment and of milk, the thereputate failure or guletia, and the preventive failure of butter and of cod-liver oil.'

# PERSI LIONS

The native persianon. W. P. Platcher. 1918. 28 p., Allus. (U. S. Deve. Agr., Farmers' Mal. 688.) 5 conts.

Discussion of production, proparation, and uses of native persimons, with a few recipes.

#### PICKLES

Ulting former tod michles. E. Belvern. Revis a, 1925. 17 p., illus. (U. S. Bent. Agr., larmest Dul. 1458, h vis d, 1 ME.) 5 cents. (Sapersedes careerst bal. 1159, them attal plekles.)

Erical discussion of principals involved, detailed directions for making sert, sour, sweet, dill, and mixed encumber pickles and saver-kraut, and brief suggestions for preserving some other vegetables by the use of salt.

#### PORK

Pork on the farm. Hilling, curing, and canning. F. G. Ashbrook and G. H. Anthony. 1921. 38 g., illus. (U. S. Dest. Agr., larners' Bul. 1186.) 10 cents.

Directions for converting the form-grown nog into apputizing, nutritious food symbols for use in fresh, cared, or cannot state.

#### POTATIOES

Methods of manufacturing potato chips. M. C. Vosbury. 1922. 20 p., illus. (U. S. Dept. Agr., Bul. 1055.) 5 cents.

Report of experiments designed to test the culinary value of seculing tabers developed by the Department.

Potatous, sweet potatous, and other starchy roots as food. C. F. Langworthy. 1917. 23 p., illus. (U. S. Depu. Agr., Dul. 488.) 5 cents.

Summary of experimental data regarding the nature and uses of potatous and other starchy roots as food.

See also CAMINIG. - VIGETATIES.

### POULTRY

The food value and ases of poultry. P. T. Atvater. 1915. 29 p. (U.S. Dent. Agr., Pal. 467.) 15 cents.

Surmary of experimental date on food value of pouttry and its uses in the home, together with information on the handling and care of poultry to aid in choosing it for the home table.

Marketing poultry. R. R. Stocum. 1924. 30 p., illus. (U. S. Dept. Agr., Parmers' Bul. 1377.) 5 cents.

Includes discussion of classes and grades of dressed poultry and of methods of handling of value to consumer as well as producer.

PRICES. See MOOMOLIC STUDIES.

# QUANTITY COOKERY

Extracts from manual for army cooks. 1917. 116 p., illus. (U. S. Mar D. ot., Off. Quartermaster Gen., Doc. 564A.) 15 cents.

Recips and other acts on large quantity cooking useful in planning names for groups of man engaged in various industries.

#### RABBIT

Raising domestic rabbits. D. M. Green. 1927. 6 p., illus. (U. S. Dopt. Mar., Leaflet 4.) 3 cents.

Withous of raising domestic raphits and recipes for cooking.

#### RESEARCH

Experiment Station Record. (U.S. Deat. Agr., Off. Eight. Stas.)

10 cents per single copy: 75 cents per year.

Each number contains abstracts of scientific literature on foods and natrition.

# 125 (10-15-27)

RUSTARO: (Convinued)

Journal of Agricultural R. scarch. (U. S. Dept. Agr.) Domestic, 20 cents per single copy, p4 per year; foreign, 25 cents per single copy, g5 for join.

From time to time contains reports of scientific research on vitamins and other lood and matrition problems.

RICL

Rice as rood. 1921. 22 p., illus. (U. S. Dent. Agr., Farmers' Bul. 1195.) Jeants.

Discussion of food value of rice, with recipes and suggestions for its use.

RICTERS

A demonstration of the community control of rickets. M. M. Eliot. 1926.
5 p. (U. S. Best. Labor, Children's Cur., Separate 4 from Pub. 157.)
5 cents.

Progress ruport of the demonstration undertaken in New Maven, Conn., by the U.S. Children's Buseau and Yale University.

SEA FOODS. See FISH. - FODING IN FOODS. - TUDSELS. - OTSTERS. - SERIEP.

SHILL

Saring: Almaling, transportation, and uses. A. D. Clark and L. McMaughton. 1917. Sp., illus. (U. S. Dest. agr., Pul. 538.) 5 cents. Notheds of catching and handling shripp for market, including brish discussion of food value.

SIRUF

An improved Method of Mething sugar-most simp. C. O. Tolmsend and S. F. Sherwood. 1981. 16 p., illus. (U. S. Dept. Agr., Jornars' Sul. 1241.) 5 cents.

Now to grew sugar blots in the garden and make from them a pleas wt-flowered table simp.

Sorgo-sirup murificturi. A. H. Bry m and S. F. Sacracod. 1924. 29 p., illus. (U. S. Dept. Agr., Marmers' bul. 1389.) 5 cents. (Supersedes remors' bul. 477, Sorghum sirup munufacturi.)

In addition to information regarding planting, cultivating, and harvesting sorgo, directions are given for manufacturing the sirup in small plants.

Sugar-come sirap manufacture. A. S. Paine and C. F. Welton, jr. 1925.

76 p., illus. (U. S. Depo. Agr., Dept. Bul. 1979.) 10 cents.

Though chiefly a discussion of commercial methods of manufacturing sirup on 1 agr and a mil ocalus, a prinf section on composition and food value is included.

See also IMPERSTRIP AND SUGAR.

(Before ordering, plusee read the directions in the introductory sinh but.

# SORGITTI

Studies on the digestibility of the grain sor mas. C. I. har forthy that a. D. holmes. 1916. 31 p. (U. S. D. pv. L.r., Dal. 477., 6 cents. Summary of emperimental core on digestibility of employ served as aread and as mashes.

See also SIRTE

# ST. RCIES

Digestibility of rew storehes and carbohyarases. C. P. E. ngeorthy and A. T. Merrill. 1924. 16 p. (U. S. Dost. Egr., Dept. Dul. 1217.) 5 cents.

maport of emperiments with women subjects to test the disjectibility of row corn, wheat, rice, and possite sparches, and the cursobydrates of row patent flour, grahus flour, faring, whate corn me 1, and waxy maise meal.

# SUGIR

Sugar. E. W. Brandes, C. C. Townsend, P. A. Toder, et al. 1924. 98 p., illus. (U. S. Doot. Agr., Yearbook (1923) Separate 893.) 20 cents. (Also in U. S. De d. Agr. Yearbook 1923, p. 151-228.)

History, development, and present status of agricultural aspects of sugar production from cane, beets, maple trees, and other sources in the United States, prefaced by a brief discussion of the food value of sugar and its place in the diet.

... Sugar supply and prices. 1920. 205 p., illus. (Fed. Frade Commission Rept.) 25 cents.

Information gathered at the request of Jongress concerning the production and distribution of sugar daring 1910 and 1980.

See also MAPLE STRUP AND SUGAR .- SINUP.

STAIR POLLTOIS. See CLUILG .- POTATOES.

#### TAROS

Tares and justice; promising new food plants for the South. A. ... Young. 1924. 24 p., allus. (W. S. Dept. Agr., Dept. ad. 1847.) 15 cents. Suggestions for cooling these starent roots and tupers are included.

See also D.SIETT.

### IDNIES

Turnips, beets, and other succulent mods, and their use as food. C. F. Langworthy. 1917. 19 p., illus. (J. c. Dept. agr., bul. 303.) 5 cents.

Summary of data on nature, uses, and food value of succulent roots.

#### VEGETABLES

Hawaiian vegetables and their function in the diet. J. C. Ripperton and M. A. Russell. 1926. 24 p., illus. (Hawaii Agr. Expt. Sta., Exten. Bul. 9.) 10 cents.

Brief summary of food constituents and their uses in the body followed by a detailed discussion of the vegetables and recipes for cooking them.

Home storage of vegetables. J. H. Beattie. 1917. 22 p., illus. (U. S Dept. Agr., Farmers' Bul. 879.) 5 cents.

Description of the types of storage with the best methods for use with the different vegetables.

See also ARTICHOKES. - BATBOO. - CANKING. - CHAYOTE. - DASHEEN. - DEHYDRATION FRUITS. - MUSHROOTS. - PICKLES. - POTATOES. - TAROS. - TULNIPS.

# VIIIGAR

Making vinegar in the home and on the farm. E. LeFevre. 1924. 29 p., illus. (U. S. Devt. Agr., Farmers' Bul. 1424.) 5 cents.

Discussion of the principles and methods of making vinegar fro apples, peaches, grapes, oranges, and other fruits, as well as fro honey, maple products, and molasses.

#### VITAMINS

The influence of vitamin deficiencies on susceptibility to certain poiso M. I. Smith, J. T. AcClosky, and E. G. Hendrick. 1926. 14 p., ill (U. S. Trens. Dept., Public Health Serv., Public Health Repts., Reprint 1077.) 5 cents. (Also in U. S. Trens. Dept., Public Healt Repts., vol. 41, no. 17, p. 767-779.)

Report of a study of the tonicity of a number of pharmacologic agents in vitamin-deficient rats, the bearing of the findings on the mechanism of vitamin action in the animal organism, and a possible mode of action of tuberculin in the tuberculous animal.

A physiological test for the activity of vitamine preparations.

A. Seidell. 1922. 5 p. (U. S. Treas. Dept., Public Mealth Serv., Public Mealth Repts., Reprint 762.) 5 cents. (Also in U. S. Treas. Dept., Public Mealth Repts., vol. 37, no. 25, p. 1519-1523.)

A method developed particularly for controlling the fractionation steps in attempts to isolate vitamin from brewer's yeast.

Preliminary note on a stable silver vitamine compound obtained from brower's yeast. A. Seidell. 1921. 7 p., illus. (U. S. Freas. Dept., Public Health Serv., Public Health Repts., Reprint 648.) 5 cents. (Also in U. S. Freas. Dept., Public Health Repts., vol. 36, no. 13, p. 665-670.)

Data on an attempt to isolate a pure, stable antineuritic compound.

# VITAIINS (Continued)

The preparation of a crystalline picrate having the antineuritic properties of vitamin B. A. Seidell. 1924. 6 p. (U. S. Treas. Dept., Public Health Serv., Public Health Repts., Reprint 902.) 5 cents. (Also in U. S. Treas. Dept., Public Health Repts., vol. 39, no. 7, p. 294-299.)

Results of further experiments to determine the chemical nature of vitamins.

Vitamin B in the edible tissues of the ox, sheep, and hog. A. Moagland.
1923. 48 p., illus. (U. S. Dept. Agr., Dept. Bul. 1138.) 10 cents.
Report of investigations to determine the vitamin B content of
the voluntary muscle and the edible organs of three meat animals.

See also MILK .- NUTRITION .

#### WATER

Bacteria in commercial bottled waters. M. M. Obst. 1916. 14 p. (U. S. Dept. Agr., Bul. 369.) 5 cents.

Significance of bucteria in potable water; results of inspection of springs and examination of commercial bootled waters.

Sec also IODINE IN FOODS.

#### WHEAT

Experiments on the dijestibility of wheat bran in a diet without wheat flour. A. D. Holmes. 1919. 20 p. (U. S. Dept. Agr., Bul. 751.) 5 cents.

Summary of digestion experiments with both fine and unground wheat oran.

Milling and baking experiments with American wheat varieties. J. M. Shollenberger and J. A. Clark. 1924. 94 p., illus. (U. S. Dept. Agr., Dept. Bul. 1133.) 15 cents.

Though the purpose of this investigation was to aid in the production of better wheat, data on the kind of loaf obtained from various classes of flour, such as hard red spring, durum, hard red winter, etc., are presented in such particularly clear graphic fashion as to make them of interest to professional workers in this phase of home economics.

Relation of kernel-texture to the physical characteristics, milling, and baking qualities, and chemical composition of wheat. J. H. Shollenberger and D. A. Coleman. 1926. 16 p., illus. (U. S. Dept. Agr., Dept. Bul. 1420., 5 cents.

Report of emperimental work of Bureau of Agricultural Economics on hard red spring, hard red winter, and durum wheat.

J.E.A (Continued)

Testing whent for protein with a recommended native for making the test.

D. 1. Coleman, H. D. Fellows, and M. 3. Dimon. 1926. 32 p., illus.

(T. 5. Dept. Agr., Dept. Sul. 1460.) 5 cents.

Advort of experimental work to establish an efficient, quick, and increasive standard method of testing the protein in wheat.

See also LIMG.

YMUTELS. See T. 100.





